**Grade 5 – Catch-up Programme**

**Life Skills – Performing Arts**

**Topic: Movement in Dance and Mime (Page 79 and 82) – Week 6 and 7**

* **If you do not have your book, please work on line paper**

**Week 6: (4 May 2020 – 8 May 2020) Dance (Page 79)**

* You are going to create your own dance for your parents.
* In your dance you need the following:

1. Symmetry
2. Distance
3. Volume
4. Mass
5. Parallel lines.

* The picture on Page 79 shows you how you dance in parallel lines. The two sides create symmetry (as they are also the same) and balance.
* Ask Mom, Dad and your brothers and sisters to join in if possible. This is only for fun, so if all the movements are not possible for you to do, just do what you can.

**Write in your book or on your paper the following for the Activity**

* The Date: **4 May 2020**  and the Heading: **Dance Activity 13.6 Page 79**
* **Write in your BOOK:**

Practical work. Dance done at home.

**Week 7: (11 May – 15 May 2020) – Mime and your senses (Page 82)**

* You learnt about your five senses earlier in the year.
* Each sense is important as we use all five senses each day to learn about our surroundings.
* Our senses keep us out of danger.
* If a dangerous fire started somewhere, your sense of smell would tell you.
* If you were eating a piece of food that was no longer fresh, you would be able to smell and taste that it wasn’t safe to eat it.

**Activity 13.11: Do a mime.**

Write the date: **11 May 2020**  and the Heading: **Do a mime**

1. Do a mind map in your book to plan your mime.
2. Use each part of your mind map for a different sense.
3. Under each sense explain in your mind map how you will use your sense for the activity.
4. Pretend there is a box in front of you. You open the box and, using mime, you are going to try to show your family what is in the box.
5. Do all your planning in your mind map on what is going to be in your box and how you are going to use all your senses to explain what is in your box.
6. Mom or Dad must then try to guess what was in your box.
7. Remember to do all the planning in your mind map in your book.
8. Remember to use facial expressions and body movement. You cannot talk or make any noise.
9. Enjoy this fun activity.