

# Grade 1



Dear Parents/ Guardians,

Please help your child complete the following activities. Complete the activities on lined paper or exam pad paper. Remember to write a date and heading for each activity, and to rule off once each activity is complete. Please take pride in your work and keep it safe as it will be marked when we return to school.

Please ensure you revise counting, sounds, sight words and Letter Land Rhymes on a daily basis (all to be found in your Term One Homework Book or the General Resource Pack.)

“You are amazing!”



Week 7

Monday-English

Topic: My Body – Internal Organs

Reading:

1. Read the following text entitled “**Inside My Body**” slowly with your child, two or three times, and then answer the questions below on lined paper. Remember to write your answers in full sentences.

## Inside My Body

Our bodies are made up of different parts that allow us to do different things. Our legs help us to walk and our arms allow us to hold and carry things.

We have body parts on the inside of our bodies, too. These are called organs. Some of our organs are our lungs, stomach, liver, heart and brain.

These are only a few of our organs that help our bodies to work. To see these organs, we need to take an X-ray which is a special kind of photograph. We also have lots of bones on the inside of our bodies. These bones protect our organs.



## Questions:

1. What are the body parts inside of our bodies called?
2. What do we need to do to be able to see the inside of our bodies?
3. Write the names of two different organs that we have inside our bodies.
4. Can you think of anything else that we have inside of our bodies?

## Tuesday-Afrikaans

### Topic: Troeteldiere (*Pets*)



Read the following text on “Troeteldiere” slowly with your child, two or three times, and then answer the questions below on lined paper. Remember to write your answers in full sentences.

Ek het baie troeteldiere. (*I have many pets.*)

My hond is bruin en my kat is swart. (*My dog is brown and my cat is black.*)

My hamster bly in 'n hok en my vis is oranje. (*My hamster lives in a cage and my fish is orange.*)

Ek gee elke dag vir hulle kos en water. (*I give them food and water every day.*)

### Answer the following questions:

1. Watter kleur is die hond? (*What is the colour of the dog?)*
2. Waar bly die hamster? (*Where does the hamster live?)*
3. Wat gee jy vir jou diere elke dag? (*What do you give your pets daily?)*



### Begin each answer as shown:

1. Die hond is \_\_\_\_\_. (*The dog is \_\_\_\_\_.*)
2. Die hamster bly \_\_\_\_\_. (*The hamster lives \_\_\_\_\_.*)
3. Ek gee vir hulle \_\_\_\_\_. (*I give them \_\_\_\_\_.*)

Practise the following beginning sounds orally:

Beginklanke (Beginning sounds):

- t – troeteldier (pet)
- h – hond (dog)
- b – bruin (brown)
- k – kat (cat)
- v – vis (fish)
- h – hamster (hamster)
- w – water (water)
- k – kos (food)



Teenwoordige tyd en die negatiewe form. (Present Tense - Positive and negative form)

Lees die volgende sinne. (Read the following sentences.)

Ek hou van honde. (I like dogs.)

Ek hou **nie** van honde **nie**. (I do not like dogs.)

Ek hou van katte. (I like cats.)

Ek hou **nie** van katte **nie**. (I do not like cats.)

Ek hou van visse. (I like fish.)

Ek hou **nie** van visse **nie**. (I do not like fish.)

Ek hou van hamsters. (I like hamsters.)

Ek hou **nie** van hamsters **nie**. (I do not like hamsters.)



Wednesday-Mathematics

Topic- Geometric patterns

Complete the following on lined paper:

Copy and extend the following pattern twice:

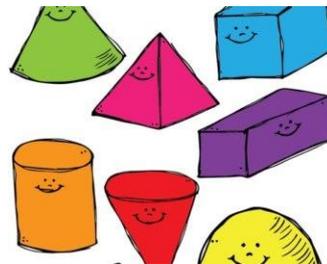
Example:



Extended:



- Try and create some of your own patterns!

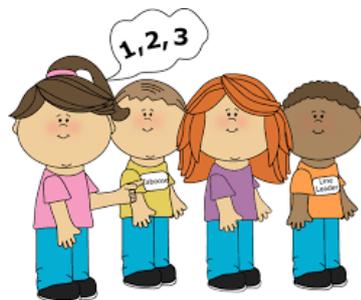


- Complete the following on lined paper:

Fill in the missing numbers. Use your number chart to help you. (Each row is a new counting “problem”.)

1		3		5		7
10		12		14		16
23	24			27		29
31		33		35		37
44	45		47		49	
10	9		7		5	
20		18	17		15	
29		27	26		24	
37	36		34	33		
50		48	47	46		

- Use your number chart and count forwards in 5's starting at 0 and ending at 50.



### Thursday-English

#### Phonics:

Learn all of your spelling words for this week – cab, jab, lab, crab, dog, log, fog, hog, a, she

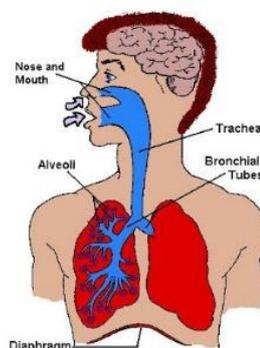
Choose 5 of your spelling words and write a sentence for each word.

Highlight the spelling word in each sentence.

Draw a picture to illustrate one of your sentences.



### Friday- Life Skills



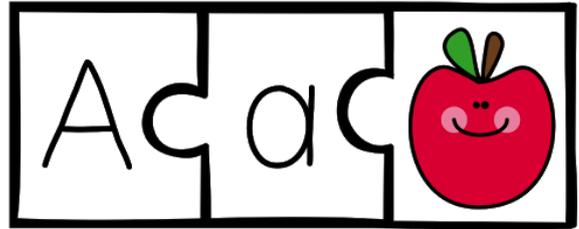
#### Topic: My body -Internal organs

Complete the following on your lined paper:

1. Draw a picture of what your **brain** actually looks like and write one sentence about why it is such an important organ.
2. Have a discussion with your family about other internal organs such as your heart, lungs, liver and kidneys etc..  
Discuss what the function of each organ is.
3. Have some FUN! Watch a YouTube video about internal organs. 😊

## English-Handwriting

Complete the following on your lined paper.



1. Complete a row of each of the following letters.  
(Remember to form your letters correctly.)

Refer to your Term One Homework Book or General Resource Pack.

Aa Aa Aa Aa

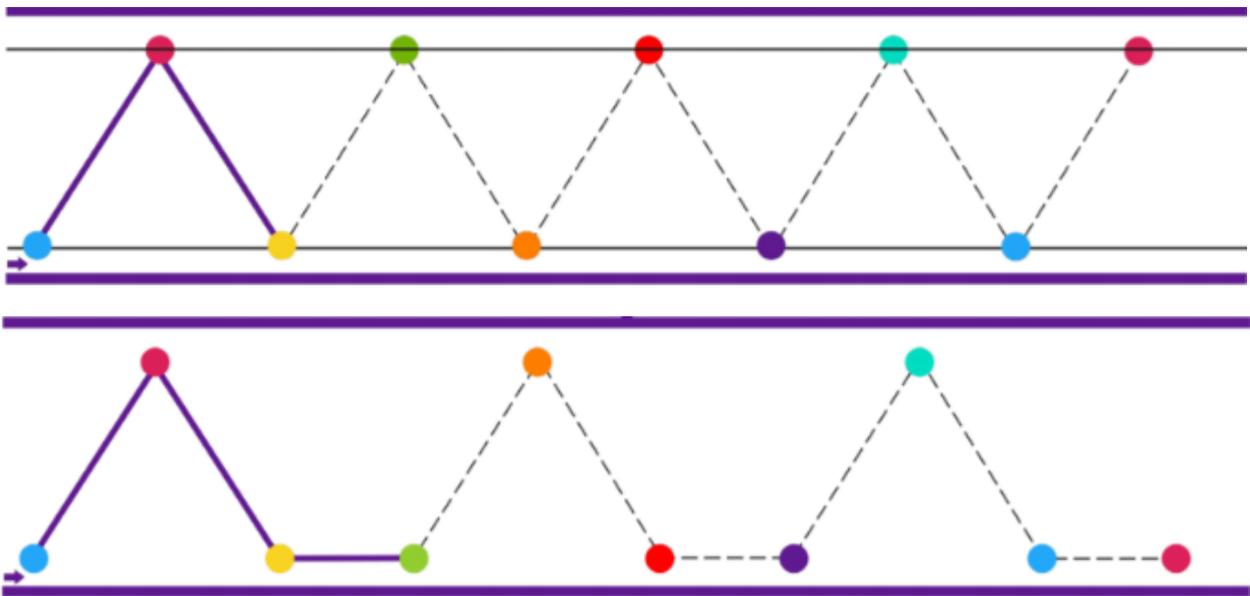
Cc Cc Cc Cc

Hh Hh Hh Hh

2. Write the following sentence. Remember to form your letters correctly and to use finger spaces.  
The dog called Spot found a crab.

3. Practise the following patterns on your lined paper.

Remember to use a sharp pencil and try not to pick up your pencil when doing the patterns. Work slowly and carefully.



We are so proud of you!

Keep working as hard as you are!

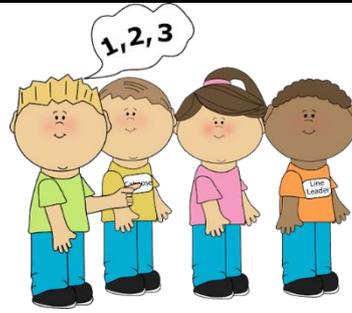


# Important resources:



Week 7 English Phonics words:	Week 7 Afrikaans Phonics words:
<b>ab/og</b>	<b>aa woorde</b>
cab	haas ( <i>bunny</i> )
jab	haan ( <i>rooster</i> )
lab	raas ( <i>noise</i> )
crab	kaas ( <i>cheese</i> )
dog	jaag ( <i>chase</i> )
log	
fog	
hog	
a	
she	

# Important resources:



## Number chart:

1	2	3	4	5	6	7	8	9	10
11	12	13	14	15	16	17	18	19	20
21	22	23	24	25	26	27	28	29	30
31	32	33	34	35	36	37	38	39	40
41	42	43	44	45	46	47	48	49	50
51	52	53	54	55	56	57	58	59	60
61	62	63	64	65	66	67	68	69	70
71	72	73	74	75	76	77	78	79	80
81	82	83	84	85	86	87	88	89	90
91	92	93	94	95	96	97	98	99	100



Just for fun!

Time to get creative! 😊



MOTHERCOULD

# TASTE SAFE SLIME

## YOU'LL NEED:

- 1/4 cup chia seeds
- 1 + 3/4 cup water
- Food coloring
- 3-4 cups corn starch

## INSTRUCTIONS:

1. Mix the chia seeds, water and food coloring together.
2. Cover and refrigerate overnight.
3. Uncover and add the corn starch a little at a time. About a cup at a time. Mix and then continue until you achieve the desired consistency. Should be like regular slime. Slimy but can be easily taken off the hands.
4. Store covered in the refrigerator. You will need to add a little water each time you take it out to use it. It will reactive the slime.